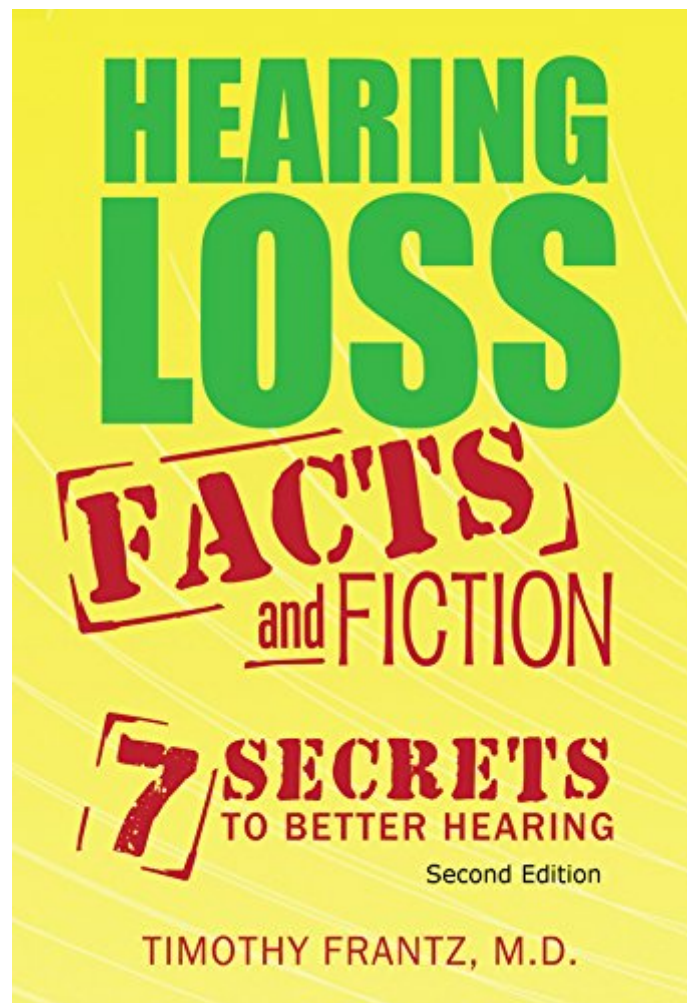




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# Hearing Loss: Facts And Fiction: 7 Secrets To Better Hearing



## Synopsis

"Hearing Loss – Facts and Fiction- 7 SECRETS TO BETTER HEARING" is the solution to the American epidemic of hearing loss and tinnitus. One in five Americans suffer from hearing loss. Unfortunately up to 3/4 of those with hearing loss do not treat it, primarily due to the high cost of hearing aids. In this easy-to-read book, Dr. Frantz shows you: -12 Ways to get Hearing Aids for FREE or at Reduced Prices to save you hundreds of dollars on hearing aid purchases. He also gives the reader-10 Tips to Better Communication Without Using Hearing Aids. -How to Try Hearing Aids with NO Risk in Over 30 U.S. States. -Learn The Hear Doc's 7 Secrets to Better Hearing. -Do You Have Hearing Loss? Take The Hear Doc's Quick Quiz and Find Out if You Need Help. Treatment of hearing loss can result in better relationships, increased earnings, improved socialization, and even decreased incidence of dementia and depression. In "Hearing Loss – Facts and Fiction", Dr. Frantz outlines the "7 Secrets to Better Hearing" with easy-to-understand medical information, encouragement, personal anecdotes, and a passionate sense of urgency to rescue the reader from the effects of untreated hearing loss. Dr. Frantz gives you the information you need to experience life fully and improve your overall quality of life by simply treating your hearing loss. Frantz also provides useful information to prevent hearing loss and tinnitus. KIRKUS REVIEW:A debut guide that may help start a conversation about an under diagnosed issue that affects 1 in 7 Americans.Frantz, an ear, nose and throat physician, frames hearing loss as a disability that frays a patient's connections to other people. He looks closely at the physiology of hearing and explains how exposure to loud noise can damage one's perceptions of high frequencies first yet preserve those at lower frequencies. This is why, Frantz explains, elderly people can hear people talking yet not understand what they're saying. In his holistic approach, he illuminates the psychological impact of losing one's hearing and how denial, often stemming from pride, precedes diagnosis and treatment. He says that physicians in his particular field are best at treating this disability because they have more options than others, including surgery and medication. In a conversational, informative tone, he demystifies the process of diagnosis and treatment in three steps: He clarifies the various facets of audiograms, the comprehensive tests that ENTs use to gauge a patient's auditory abilities; he illustrates the components of the modern hearing aid; and, most importantly, he breaks down the high cost of such equipment for consumers. The author's friendly explanations will help enlighten patients. Despite some prosaic "fact" and "fiction" statements that appear between chapters, he also engagingly addresses common myths; for example, he points out that up to 10 percent of

hearing-loss issues can be corrected without using hearing aids at all. The book also includes anecdotes from the author's own hospital rotations and gives tips for preserving one's hearing, guides for self-assessment and state hearing-aid regulations. It provides straightforward advice on how to preserve one's hearing levels and even offers steps for clearer verbal communication that can benefit all readers. His recommendations don't replace a private consultation with an ENT, but they may help many readers to take such disabilities seriously. An easy read about the causes of gradual hearing loss and how to cope with it.

## Book Information

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Hearing Problems #694 in Books > Self-Help > Communication & Social Skills

## Customer Reviews

This book was quite helpful for me and my husband. Dr. Frantz has a warm conversational style and shares some personal insights. The book is easy to read and has many helpful hints on how to get hearing aids without spending a fortune. I would recommend it for anyone who thinks they may have hearing loss. It is a must-read before you go shopping for hearing aids.

Very informative, it's like going to the Ear Doctor with the cost .

We've been struggling with my Mother for some time over her hearing issues. She hasn't been able to hear us and so communication was becoming ever more frustrating. I found this book online and it sounded good. Ordered it, read it and found some great tips on how to approach the whole hearing issue with my Mom. Since reading the book, she's taken our recommendations to heart and is now wearing hearing aids. If people could hear her (literally) talk about the improvement in her quality of life since ordering hearing aids, people who suffer hearing loss would no longer ignore the amazing opportunity to hear life again. Thank you, Dr. Frantz, for sharing your wisdom and funny stories in this great book.

Dr. Frantz does an outstanding job of describing how we hear and what can happen to cause hearing loss. He also discusses at length what to do if you think you may have hearing loss, what to do, which doctor you should contact, questions you should ask, how to get hearing aids, where to buy them, and even how to get a good deal while getting a good fit. The book was a quick, easy, informative read and I recommend it highly! I wish I lived closer to Dr. Frantz so I could make an appointment to have my hearing checked in his office.

This book help me so much on understanding Hearing loss.Easy to read.Good Facts.Must READ!

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